

# Idaho Youth ChalleNGe Academy Packing List Class 2019-1

**This list is for information only.** It is a copy of required personal items that applicants, who have been accepted and invited to report to the Idaho Youth ChalleNGe Academy, must bring on Registration Day. This list is for planning and is not required until after receiving an acceptance /invitation letter. **Always keep your receipts.**

Candidates are required to report wearing a plain white t-shirt under a white long-sleeve oxford type button dress shirt, black slacks, black tie (males), black belt, black cotton dress socks and running shoes.

## **MALES:**

- (1) Shaving kit bag (6"x6"x10", black, grey, navy blue, camo)



## **FEMALES:**

- (14) Elastic hair bands - Same color as hair (Clips are allowed, but must be same color as hair. NO Scrunchies, elastic headbands, or plastic headbands.)
- (1) Package of bobby pins (Must match hair color)
- (1) Large bottle of hair gel (Without alcohol) NO Hair spray
- (1) Sock bun (Same color as hair)
- (1) Hygiene Bag (same as shaving kit bag, 6"x6"x10") (black, gray, navy blue, camo)
- (2) Bottles of shampoo/conditioner
- (1) Hair brush/comb
- (5-month) Supply of feminine hygiene products
- (6) Sports bras (*Lace bras and underwear are NOT authorized*) - Black, grey, or white in color. If your cup size is D or larger, also required are (2) black, grey or white non-lace underwire bras to wear under the sports bra for additional support.
- (12) Pairs of white, gray or black underwear (NO boxers, thongs, non-cotton 'boy shorts', lace, etc.)

## **BOTH MALE AND FEMALES:**

Prescription medications and a copy of prescription - Will be secured and administered only by authorized personnel. Minimum of a 30-day supply. 90-day supply preferred, for allowable medications.

Prescriptions must be in "bubble pack", state mandate to issue single dose. Your pharmacy can do this prior to reporting. The pharmacy that supports IDYCA will bubble pack prescriptions that arrive in bottles for a small fee per bottle which is not covered by most insurances.

- *Please secure all liquids, pastes, lotions, & gels in zip-lock bag to prevent spillage on other items. Hygiene items should not contain alcohol as a primary ingredient (top three ingredients).*
- (1) Pair of prescription glasses (If applicable. No transition lenses, unless prescribed)
- (1) Repair/cleaning kit, and (1) Case for glasses and/or contact lenses
- (5-month) Supply of contact lenses and solution (If applicable)
- (20) Disposable razors (Cartridge razors are allowed for male cadets only, NO straight or electric razors.) Put in a Ziploc bag and put your NAME on bag with permanent marker.
- (2) Can of shaving gel\* (unscented, NO foam shaving cream)
- (1) Basic nail/toenail clippers (**NO KNIFE, NO FILE**) (**Place in a Ziploc with NAME on bag**)
- (2) Sticks of deodorant (Non-aerosol)
- (2) Tubes of toothpaste
- (1) Container of foot powder (Non-aerosol)
- (1) Tube Athlete's Foot Cream, 1oz, (Antifungal)
- (2) Toothbrushes, and (1) Plastic toothbrush holder (Non-electric toothbrush)
- (2) Containers of dental floss (non-flavored)
- (2) Bars of soap, with (1) Plastic soap container
- (3) Tube of ChapStick/Lip balm (NO scent, flavor, or tint)
- (1) 3" Ace Wrap (new in packaging. Velcro or plastic connectors, no metal )

- (1) Bottle/Tube of skin lotion or cream for dry skin, (unscented, Eucerin or Cetaphil creams work well in the dry climate)
- (1) Bar of acne face soap with plastic container. (Bar only NO pump bottles, acne wipes and NO alcohol content) – **Optional**
- (12) Pairs of white, gray or black underwear or boxer briefs (NO boxers, thongs, non-cotton ‘boy shorts’)
- (2) Pairs of black or tan long winter underwear - Tops and bottoms (Polypropylene wicking type- NO cotton) *Note: If locating at local stores is difficult these may be obtained yearlong online.*
- (2) Pairs of black compression shorts (for PT)
- (1) One piece black conservative style swimsuit/swim trunks (NO V-NECKS, LOGO’s, OR OPEN BELLIES/SIDES)
- (3) Plain white wash cloths and (3) White bath towels
- (2) Pairs of shower shoes (flip-flop footwear to wear in the shower), either black or grey
- (6-8) Pairs of white ankle socks (Must be visible above running shoe to the ankle)
- (6) Pair of cushioned boot socks, black, gray or brown
- (1) Pair of well-fitted, quality **running** shoes in black, grey or white (NO designer basketball shoes or skate shoes, i.e. Jordan’s and DC’s) with plain black, grey or white laces only - NO designs. **(Additional pair optional.)**
- (1) Pair **Boots**, Desert Tan, Hot weather, 8” uppers, Combat Boot type, Zippers are not recommended. (On line sources average from \$50 up, search “Desert Combat Boots”) Boots w/ Vibram type soles wear the best but are not required) **ROTHCO brand do not wear well and are not recommended.**
- (1) Pair of shoe insoles – **Optional**
- (1) Suede boot brush,
- (2) Combination locks
- (3) Books of stamps (minimum for family/mentor correspondence), in an envelope, labeled with the Cadet’s name. May order resupply through Postmaster Pierce Post Office, Pierce ID 83546
- (1) Set of simple ear buds for computer audio, (no overhead earphones nor USB connections)
- (1) Box of 100 standard business-size envelopes (#10), self-sealing
- (1) 100-sheet Journal (**NO wire binding**), Composition book (9 ¾ X 7 ½)
- (1) 12-count Box blue or black ink pens (BIC preferred), no multi-color or eccentric pens (**NO GEL PENS**)
- (1) 24-count Box of #2 pencils
- (1) Plastic 12” Ruler
- (2) Highlighters
- (1) package of 3x5 note cards, white
- Pencil pouch
- (3) 250-sheet Packs of college-ruled, hole-punched paper (May substitute #/pack to total 750-1000 sheets)
- (3) 3-Ring binders, white with clear pockets, (2) 2” width, (1) 1” width (do not mark on binders, instructions will be provided at IDYCA)
- (2) 5-pack White, plain, erasable tab dividers (NO pockets/slots)
- Small personal address book (NO metal/wire binding)
- (5 or less) Appropriate photos of family - **Optional**
- Religious materials (Bible, Koran, etc.) - **Optional**



**MARK YOUR CLOTHING** - Print neatly in ½-inch letters, with black permanent marker.

**Underwear:** Print LAST NAME inside waistband in back, directly to the left of the tag.

**T-shirt:** Print LAST NAME inside back collar, directly in the center of the collar.

**Socks:** Print LAST NAME on top of each sock, directly across the toes.

**Sports Bras:** Print LAST NAME inside one of the back straps.

**Towels/Wash Cloths:** Print LAST NAME centered on bottom.

**Spandex:** With Silver Sharpie, print LAST NAME inside waistband in back, directly to the left of the tag.